

Mansfield Harriers & AC

Indoor Track & Field rankings 2005

U15 Boys

60m

Dale Jacob 7.55sec G2

Ryan Hough 8.03sec G3

Adam Sansom 8.83sec

200m

Dale Jacob 23.79sec G1

Ryan Hough 25.92sec (25.9 hand) G4

Adam Sansom 28.17sec

400m

Dale Jacob 55.37sec G2

Ryan Hough 58.32sec G4

Long Jump

Adam Sansom 3.89m

Shot Putt

Ryan Hough 9.68m G4

U15 Girls

60m

Hannah Brightmore 9.0sec G4

200m

Hannah Brightmore 31.5sec

U17 Men

200m

Richard Woolley 24.61sec

400m

Samuel Cordin 52.79sec G2

Richard Woolley 54.80sec G4

60m H

John Lamport	8.46sec G2
Richard Woolley	10.38sec

800m

Richard Woolley	2:20.12sec
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Long Jump

Richard Woolley	5.07m
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High Jump

Richard Woolley	1.50m
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Shot Putt

Richard Woolley	12.13m G4
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U17 Women

60m

Corrine Holton	8.65sec G4
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200m

Corrine Holton	28.33sec
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300m

Kimberley Hough	43.27sec G3
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Long Jump

Corrine Holton	4.74m G4
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U20 Men

60m

Matthew Woolley	7.11sec
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Martin Cook	7.34sec
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Joe Lightfoot	7.46sec
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Joe Murrow	7.46sec
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200m

Martin Cook	22.76sec G3
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Matthew Woolley	23.9sec
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Joe Lightfoot	24.49sec (24.4 hand)
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300m

Martin Cook	36.65sec
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400m

Martin Cook	50.35sec G3
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1000m

Joe Murrow	3:03.64sec
Matthew Woolley	3:12.59sec

60m H

Matthew Woolley	9.19sec
Joe Murrow	9.26sec

Long Jump

Matthew Woolley	6.60m G2
Joe Murrow	5.79m

Shot Putt

Matthew Woolley	14.79m G1
Joe Murrow	10.99m

High jump

Matthew Woolley	1.71m
Joe Murrow	1.54m

Pole Vault

Matthew Woolley	3.70m G3
Joe Murrow	3.50m G3

U20 Women

60m

Lucy Spray	8.51sec
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200m

Lucy Spray	27.17sec
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Long Jump

Ellie Maddocks	5.26m G3
Lucy Spray	4.83m

60m H

Ellie Maddocks	9.92sec
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400m

Lucy Spray	62.32sec
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800m

Ellie Maddocks	2:33.70sec
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High Jump

Ellie Maddocks	1.45m
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Shot Putt

Ellie Maddocks 8.14m

SNR Men

60m

Martin White 7.42sec

Paul Wright 7.53sec (7.5hand)

Stefan Wilcockson 7.68sec

Steve Woolley (M40) 7.93sec

Chris Ashmore (M40) 8.02sec

200m

Paul Wright 23.5sec

Martin White 24.00sec

Stefan Wilcockson 24.7sec

Chris Ashmore (M40) 26.15sec

400m

Paul Wright 50.57sec

Stefan Wilcockson 54.49sec

Martin White 57.16sec

60m H

Stefan Wilcockson 9.30sec

Shot Putt

Steve Woolley (M40) 9.78m

Pole Vault

Greg Murrow (M40) 2.70m